



~ FINE ART OF RELAXATION ~

JAMU is the Indonesian word for natural, integrated treatments and herbal preparation, which have evolved over centuries from mothers to daughters to promote health and beauty.

BODY SCRUBS/WRAPS

- **Jasmine Lulur Body Scrub** - *Uplifting, Exotic, Floral* (1.5 hours) **Rp. 525**
Includes: massage, lulur scrub, yoghurt treatment, shower
Exfoliating. Pounded rice, curcuma powder, tamarind seed and jasmine oil.
 - **Coconut Mangir Body Scrub** - *Cleansing and hydrating* (1.5 hours) **Rp. 525**
Includes: massage, mangir scrub, shower
Coconut grated, pounded rice and tamarind seed
 - **Vanilla & Coffee Bean Body Scrub** - *Seductive, Stimulating Detox* (1.5 hours) **Rp. 525**
Includes: massage, coffee mocha scrub, shower
Recommended: Gentlemen will especially enjoy this brisk body scrub
 - **Bali Limau Ocean Detox Scrub** - *Stimulating & Detox*(1.5 hours) **Rp. 525**
Includes: massage, seasalt scrub, shower
Detoxify. Natural sea salt. Organic limau leaf, lime, frangipani and lavender oil.
 - **Boreh Spice Body Mask** - *Warming with Muscle Tension Relief* (1.5 hours) **Rp. 525**
Includes: massage, boreh mask, shower
Cinnamon bark, clove buds, babakan and rice powder.
 - **Earth & Flower Body Mask** - *Private and Hypnotic* (1.5 hours) **Rp. 525**
Includes: Kemiri Massage, Earth & Flower Mask, Yoghurt Treatment, shower
Natural white clay infused with Rose petals, Rose oil and organic Cinnamon
 - **Kemiri Nut Scrub** - *Cleansing & nourishes the skin* (1 hour) **Rp. 375**
Includes: kemiri massage, shower
Hydrate with kemiri nut, kenanga oil
 - **Selendang Body Wrap** - *Slimming and Tightening* (1.5 hour) **Rp. 375**
Include: stomach massage, selendang body bind, shower
Helps the lymphatic system function, reawakens the body's organs, cleanses and heals.
 - **Aloe Lavender** - *heals and soothes burns* (1.5 hours) **Rp. 395**
Includes: cooling bath, aloe vera & lavender lotion
 - **Ala carte Body Scrub** (30 minutes) **Rp. 175**
Includes: body scrub and shower only
- **Add on: **Bathtub Treatment** (choice of flower bath, spice bath or sirih bath) **Rp. 75**

MASSAGES

- **Balinese Massage** - *Healing* (1 hour/1.5 hours) **Rp. 350/400**
A healing therapy combining awareness of body and spirit. Acupressure, muscle manipulation and warm sweeping techniques are used. Natural oils and aromatic flowers, assists the healing process.
 - **Traditional Massage** - *Restoring* (1 hour/1.5 hours) **Rp. 350/400**
A medium-firm massage treatment uses long strokes, skin rolling, kneading and reflexology techniques to stimulate blood circulation and soothe aching muscles.
 - **Foot Massage** - *Maintenance* (1 hour) **Rp. 350**
A massage using the ancient, healing, pressure-point massage technique to stimulate the body's natural healing.
 - **Warm Stone Massage** - *Relaxing* (1.5 hours) **Rp. 400**
Healing stones from the mount of Ujung River, Karangasem, Bali. A powerful treatment for stress release, muscle relaxation and deep heat penetration.
 - **Aromatherapy Massage** - *Balancing* (1.5 hours) **Rp. 400**
This gentle massage technique has the ability to clear the mind and soothe the body.
 - **Head & Shoulder Massage** - *Relaxing* (30 minutes) **Rp. 175**
- ** Add on: **Shower** **Rp. 25**

FACE TREATMENTS

- **Tropical Nut Facial** - *all skin types* (1 hour) **Rp. 350**
This relaxing facial incorporates pressure-point massage to encourage lymphatic drainage. We use sweet honey cleanser, cucumber tonic, scrub, and a mask made from a combination of delicate flower petals and pure white clay to purify the skin and draw out toxins.
- **Fresh Fruit Peel** - *mature skin* (1 hour) **Rp. 350**
Fresh Fruit Peel utilizes the enzymatic properties of fresh fruits to create a glycolic acid peel. This treatment gently removes the upper layer of dead skin cells, revealing a soft clear complexion underneath.
- * * Add on: **Rose Petal Eye Mask** - *all skin types* (30 minutes) **Rp. 175**
This little gem can be taken in combination with your facial or on its own. Pure essential oils and delicate rose petals calm, relax, and soothe your eyes. We finish with a gentle application of our pure Eye Balm, made from essential oil of Neroli, sweet almond oil and Green Tea Extract. A true blessing for tired, jet-lagged or irritated eyes.

HAIR TREATMENT

- **Hair Hydrating Creambath** (1 hour) **Rp. 275**
After a thorough shampoo, your scalp and hair are massaged with a nourishing cream conditioner. We then wrap your hair in warm towels to allow full penetration of this hydrating treatment, and massage your neck, shoulders and arms. We finish with an application of Frangipani hair tonic.

LEG & ARM TREATMENTS

- **Manicure OR Pedicure** **Rp. 200**
- **Spa Hand Treatment** (90 min) **Rp. 350**
- **Spa Foot Treatment** (90 min) **Rp. 350**
- ** Add on: **Nail/French Polish** **Rp. 50**

BODY WAXING

- **Full Leg** **Rp. 210**
- **Half Leg** **Rp. 135**
- **Brazilian** **Rp. 250**
- **Bikini** **Rp. 210**
- **UnderArm** **Rp. 110**

PACKAGE TREATMENTS

- **Cempaka Package**, 4 hours **Rp.1.200**
Includes: foot bath, *facial, massage, body scrub, flower bath, creambath and jamu tonic.*
Let our pure Essential Oil Massage reenergize you and choose one of our stimulating and cleansing Traditional Body Treatments. Relax and Rejuvenate as your face is cleansed and hydrated with our Tropical Nuts or Fresh Fruit Peel Facial An exquisite blend of our Rich Hibiscus Creambath is then massaged onto freshly shampooed hair, and a finishing neck and arm massage finishes this treatment.
- **Kenanga Package**, 2.5 hours **Rp. 850**
Includes: foot bath, *massage, body scrub, flower bath, creambath, jamu tonic*
Choose one of our traditional body treatments to exfoliate and beautify your skin, this will be followed by an Intensive Hydrating Hair Cream Bath made with hibiscus flowers, aloe vera and fresh lime. For maximum benefit, after this treatment is massaged onto your hair and scalp we wrap your hair in steaming towels and massage your shoulders and arms. Finish off with an invigorating Jamu herbal tonic.
- **Melati Package**, 2 hours **Rp. 600**
Choose one of the following treatment package:
-Massage + Facial OR
-Massage + Creambath OR
-Facial + Creambath